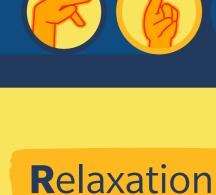


identifying their own. Therapists also educate parents on trauma reminders and

common parental responses to a child's trauma experiences.



lays the foundation for effective communication and linguistic accessibility within the family.

Visual Aids

Use pictures or symbols to help the child and family understand more easily. **Interpreters** Professionals who can translate spoken language if needed.

Language/Signs Recognizing if different languages

are spoken at home, which may

impact communication.

For DHH

Relaxation techniques will need to be modified to focus on visual

children are more reliant on visual

guidance and cues while others

may need more physical contact

teaching the caregiver relaxation

Strengthen the bond between

Improving the caregiver's ability to support the child.

and tactile aspects. Some

The child and/or provider

techniques for the child.



Develop and practice relaxation

Affect **Modulation Skills** Youth develop vocabulary to

express their emotions and learn

HOW ARE YOU FEELING?

individualized coping skills.

ANGRY

WORRIED

Cognitive

Coping Skills

feelings, and behaviors.

Cognitive

Develop a better understanding of

the connection between thoughts,





the child and caregiver.

For DHH

Adaptations are made to match

Increased use of visual cues,

such as facial expressions, to

Using role modeling to help link

the youth and family's

communication needs.

convey emotions.

More Body Signals

More Visual

observed behaviors with emotions.

Supporting Supports connection and understanding of family emotional vocabulary.

Interactive

Support

at home.

For DHH

Learn to replace inaccurate

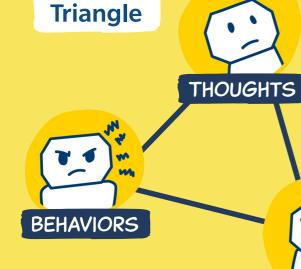
thoughts related to daily life.

Incorporate more hands-on

and interactive activities.

Provide modified tools for

caregivers to reinforce learning



Trauma Narrative

Share and Process their

trauma experience.

FEELINGS

For DHH

Interactive

Support

at home.

Learn to replace inaccurate

thoughts related to daily life.

Incorporate more hands-on

and interactive activities.

Provide modified tools for

caregivers to reinforce learning



In Vivo

life situation.

Using coping skills in real

For DHH Learn to replace inaccurate

thoughts related to daily life.

Pair coping skills with real-life

situations through interactive

Hands-On Support

activities.



Enhancing Safety

Enhancing safety

and future planning.

For DHH

Learn to replace inaccurate thoughts related to daily life. **Flexible Scheduling**

Adjust sessions based on

preferred communication

For DHH Learn to replace inaccurate thoughts related to daily life.

Post-Therapy Referrals

communication access.

Provide modified tools for

caregivers to reinforce

learning at home.

understanding, and

Consider purpose, cultural

Support



NCTSN

The National Child

/LAA LAB

GALLAUDET

Thank you to the University of Rochester Medical Center's Deaf Wellness Center for their support with the development of this infographic.



methods.





